



# Henry & Rose – Lunch Menu

Weekdays & Weekends – 8:30am – 2pm

See our blackboard for daily special and soup of the day

**Quinoa & Pumpkin Salad w̄ Chicken or Salmon (Optional) \$15 GF VT**

Trio quinoa, baby spinach, sun-dried tomatoes, maple roasted pumpkin, toasted pine nuts tossed together with our delicious house-made honey mustard dressing.

ADD grilled chicken \$4

ADD salmon \$5

**Caesar Salad \$14**

Cos lettuce, herbed croutons, crispy bacon, our famous caesar dressing, poached egg and parmesan cheese.

ADD Chicken \$4

ADD anchovies \$1

**Beetroot Hummus Bowl \$16 GF VT**

Baby spinach, house-made beetroot hummus, beetroot wedges, julienned carrot, dukkha, spiced pepitas, feta cheese, smashed avocado perfectly placed with house made dressing on the side.

**Salami, Haloumi & Basil Pesto Bruschetta Stack \$17**

Herbed ciabatta, grilled haloumi, salami, char-grilled trio of tomatoes, house made basil pesto, pine nuts & corn kernels

**Henry Beef Burger \$18 GFA**

House made beef patty (GF), crispy bacon, lettuce, caramelised onion, sliced tomato, sliced beetroot, spicy aioli served with beer battered chips

**Grilled Cajun Chicken Burger \$18**

Chicken loins dusted in spicy Cajun seasoning, smashed avocado, lettuce, crispy bacon, swiss cheese and lime aioli served with beer battered chips

**Open Steak Sandwich \$21**

Scotch fillet steak, vintage cheese, bacon, lettuce, sliced tomato, caramelised onion topped off with a sunny side up egg and mustard dressing served on turkish bread

**Sweet Potato Fries \$10**  
with lime aioli

**Beer Battered Chips \$9**  
with aioli

**Seasoned Wedges \$9**  
with sour cream & sweet chilli sauce



# Henry & Rose – Lunch Menu

Weekdays & Weekends – 8:30am – 2pm

Soup Of The Day \$10.50 GF DF

**Brie, Chicken, Spinach & Cranberry Sourdough Toasted Sandwich \$9**  
Brie cheese, baby greens, cranberry sauce and succulent chicken in a sourdough toasted sandwich

## Bacon & Egg Roll \$9

Crispy bacon and fried egg in a light toasted roll

Add: Tomato sauce 30c      BBQ sauce 30c      Cheese \$1

Baguette \$11

Turkish bread \$12

## Smoked Salmon

Smoked salmon, baby greens, smashed avocado, herbed aioli and fresh dill

## Chicken Caesar

Chicken, bacon, lettuce, parmesan & house made caesar dressing

## HCT

Red gum leg ham, cheddar & tomato relish

## Vegetarian VT

Maple roasted pumpkin, baby greens, basil pesto, smashed avocado, sunflower seeds and dukkha

## BLT

Bacon, lettuce, tomato & aioli

## Bacon Melt

Bacon, baby greens, sliced tomato, smashed avocado, Spanish onion, cheese & aioli

## BUILD YOUR OWN TOASTIE!!

White bread \$3.5  
Red gum ham \$1.5  
Cheddar cheese \$1.0  
Tomato \$0.5

Brown bread \$3.5  
Pineapple \$1.0  
Bacon \$2  
Avocado \$1.5

Ciabatta \$4.5  
Egg \$2  
Gluten Free \$4.5



# Henry & Rose – Breakfast Menu

Weekdays – 8:30am – 11.30am

Weekends – 8:30am – 2pm



## House Made Pancakes

- Simple stack with maple syrup and vanilla bean ice cream \$12
- Naughty Nutella dolloped with Nutella ice-cream and hazelnut spread \$15
- Sweet strawberry with house made strawberry sauce, fresh strawberries and vanilla bean ice cream \$15

## Smoothie Bowl \$15

Berry or Mango smoothie, fresh seasonal fruit, house made granola, chia seeds and nut medley

## House Made Granola \$13

Served with Greek yoghurt, fresh seasonal fruit, chia seeds & drizzled with local honey. Side of milk.

## Fruit Toast (2) \$6 GFA

Served with butter and strawberry jam

## Ciabatta Sourdough Toast (2) \$6

With your choice of honey, strawberry jam, apricot jam, vegemite or marmalade

## Eggs Florentine \$14 VT

Ciabatta sourdough, baby greens, two poached eggs & hollandaise sauce

## Eggs Benedict \$15

Ciabatta sourdough, baby greens, your choice of red gum ham or smoked salmon, two poached eggs and hollandaise sauce

## Heavenly Haloumi & Beetroot Hummus Bruschetta w̄ poached eggs \$16 VT GFA

Ciabatta sourdough topped w̄ baby greens, grilled haloumi, smashed avocado, beetroot hummus, poached eggs, fetta cheese & spiced pepitas,

## Awesome Brekky Burger w̄ sweet potato fries \$18

Bacon, hash brown, lettuce, smashed avocado, sliced tomato, Beerenberg taka tala dressing and sunny side up egg in a toasted brioche bun served with sweet potato chips

## The Mighty Breakfast \$20

Eggs 'your way', ciabatta sourdough, bacon, mushroom, trio of tomatoes & hash brown with a side of hollandaise

## BLT Breakfast Bowl w̄ Poached Egg \$16 GF

Baby greens, crispy bacon, trio of tomatoes, smashed avocado, mushrooms, poached egg, corn kernels, fetta, spanish onion, spiced pepitas & chia seeds with a house made dressing on the side.

## Eggs 'your way' \$9

2 Free range eggs cooked to your liking- Poached, scrambled or fried

Add:

Bacon	\$4	Trio of tomatoes	\$3	Mushrooms	\$3.5
Hollandaise	\$2.50	Hash browns (2)	\$3	Chorizo	\$4
Baked beans	\$3	Smoked Salmon	\$4	Haloumi (2)	\$3



**EARTH EGGS**  
Earth's Tootiest Pastured Eggs